

## Transition Guelph Urban Food Working Group

September 25, 2011

### Urban Romp

**Location: Started at 10 Carden Steet**

Event co-sponsored by Backyard Bounty and GWFRT

**Attendees:** Roxana, Jessica, Julianna, Steve L., Peter, Lisa, Jonathan, Gail, Steve

Nine people participated in a bicycle tour of three Backyard Bounty gardens in Guelph. We met at 10 Carden Street and rode from there. On the way, we picked up another cyclist, Steve. Jessica and Julianna provided wonderful descriptions of the farms and their farming practices. The first garden contained a cold frame and greenhouse, which extend the vegetable growing season. There were beautiful peppers growing in and enjoying the extra heat in the greenhouse. Perennial sorrel was growing and spreading around the outside of the greenhouse. Herbs dotted other areas of the backyard. For use by Backyard Bounty staff, a washing area and storage shed are located on this property. Backyard Bounty has purchased a bike trailer as a reduced carbon method of hauling supplies and produce around town. The second garden had a nice crop of fall spinach that was ready for harvesting. The final backyard was a hidden 1/5 of an acre on Metcalfe Street and was a gardening paradise with lots of sunlight, in which the autumn crop of turnips, radishes and arugula was thriving. Backyard Bounty graciously allowed participants to graze on the yummy veggies in all three gardens.

First garden during the Urban Romp bike tour of Backyard Bounty gardens.



Steve, Peter, Julianna (Backyard Bounty), Lisa, Jonathan, Roxana, Gail, Jessica (Backyard Bounty Intern) discussing the use of cold frames.

Photo by Steve L.

Written by Roxana